



SATURDAY
November 14, 2026



9:00 A.M. –
11:00 A.M.



Walk Begins At:
The Mou Latte
601 6th Street
Mamou, LA 70554



Free and
Open to
the Public!

Participant Registration Form

Participant Information

Name: _____

Address: _____

Phone Number: _____

Emergency Contact Name: _____

Emergency Contact Phone: _____

Registration & Shirt Size

Adult sizes: ☐ S ☐ M ☐ L ☐ XL ☐ 2XL ☐ 3XL ☐ 4XL

Children sizes: ☐ S ☐ M ☐ L ☐ XL

Participant Waiver

Each participant must read and sign. As a participant in the "TJ's Light: Walking For Hope" walk, I, for myself, my executor, administrator, and assigns, do hereby release and discharge TJ's Light, event organizers, The Mou Latte, The Town of Mamou, all sponsors, and volunteers from all claims, damages, demands, actions, and causes whatsoever arising from my participation in this event. I give my full permission for the use of my name and photograph in connection with this event. I also give my full permission for such first aid as is deemed necessary to be provided to me or my child on the premises or before transport to a hospital for further treatment.

Signature: _____ Date: _____

Parent or legal guardian signature required for participants under 18.

*Small Steps Create
Brighter Tomorrows.*



988

**SUICIDE &
CRISIS LIFELINE
CALL OR TEXT 988**

If you or someone you know is struggling,
help is available.

You are not alone. Help is here.



HONOR



REMEMBER



RAISE AWARENESS



SPREAD HOPE



SAVE LIVES

Small Steps Create Brighter Tomorrows.

WALK SHIRTS AVAILABLE NOW!

\$15
each



Shirt Quantity: _____ Total Amount: \$ _____

BUTTONS AVAILABLE NOW!

\$5
each



Wear your
button every day
leading up to the walk
to help spread
awareness. Let's start
conversations and
share hope!

Button Quantity: _____ Total Amount: \$ _____

PAYMENT FOR SHIRTS AND/OR BUTTONS



Cash App: [\\$TJsLightFoundation](#)

OR



Zelle: 225-778-6037 or 318-335-5937
to purchase shirts and/or buttons.

